



Parks and Recreation Department

The Adult Recreation Center, located at 519 West Franklin Boulevard, serves as a base for adult and senior citizen activities in Gastonia. Classes, evening dances, seasonal parties, special entertainment, and a variety of leisure activities are provided throughout the day, evening and on weekends for a nominal fee or for no charge. The Adult Recreation Center may be rented for parties, banquets, reunions, and/or special events. Please contact Judy Griffin at (704) 866-6848 or Meredith Sisson at (704)866-6842 for information on the following classes, activities and programs.

CLASSES



CardioDance

(Continuous Class)

Tuesdays & Thursdays, 8:30AM-9:30AM

Tuesdays and Thursdays, 6PM-7PM

\$20 per Month for City Residents

\$25 per Month for Non-City Residents

\$5 Drop-in Fee

Hatha Yoga

(Continuous Class)

Tuesdays, 5PM until 6PM

\$15 per Month for City Residents

\$20 per Month for Non-City Residents

\$5 Drop-in Fee

Beginner Line Dance

(7-Week Sessions)

Mondays, 6:45PM-7:45PM

\$25 per Session for City Residents

\$30 per Session for Non-City Residents

Intermediate Line Dance

(7-Week Sessions)

Mondays, 8PM-9PM

\$25 per Session for City Residents

\$30 per Session for Non-City Residents

Western Partner Dance Class

(7-Week Sessions)

Tuesdays, 7:30PM-8:30PM

\$30 per Session for City Residents

\$35 per Session for Non-City Residents



DanceOut

(Continuous Class)

Thursdays, 7:40PM-8:40PM

For fees and other class locations visit:

www.queencitydanceout.com



Zumba Gold

(Continuous Class)

Tuesdays & Thursdays

10:30AM-11:15AM

\$2 per Class

ACTIVITIES & PROGRAMS



Adult/Senior Citizen Dances

1st Friday of each month
7PM-10PM
\$5 per Person

Saturday Evening Social Dances

1st & 3rd Saturday of each month
7:30PM-10:30PM
\$5 per Person

Star Dusters Big Band Dances

Saturday dance held 3 times per year.
7PM-10PM
\$10 per Person

Special Populations Dances



Serving patrons ages 13 & older with mental challenges and related development disabilities.
3rd Friday of each month.
7PM-9PM
\$3 per Person

Bingo

2nd Wednesday of each month
2PM-4PM
Free Admission and Refreshments

Senior Adult Beginning Line Dance (Continuous Class)

1st, 3rd & 4th Wednesday of each month
(5th Wednesday if applicable)
1PM-2PM
No Charge for instruction.



Senior Adult Intermediate Line Dance (Continuous Class)

1st, 3rd & 4th Wednesday of each month
(5th Wednesday if applicable)
2:15PM-3:15PM
No Charge for instruction.



Chair Volleyball
(Continuous Class)
Mondays, 10AM-11:30AM
No Charge for instruction.

Beginning Pickleball (Continuous Class)

Tuesdays, 11:45AM-2PM
No Charge for instruction.



Ceramics

(Continuous Class)
Monday-Thursday, 9AM-3PM
Thursday Only, 5PM-8PM

No charge for instruction.

Pay for Firing, Greenware & Supplies

ACES HIGH Card Group

Learn and play a variety of card games.
Mondays, 1:30 PM-4:30 PM
No Charge.



Pinochle Card Group

Learn to play the card game Pinochle.
Wednesdays, 1:30PM-4:30PM
No Charge.

Dine Around Club

Group dining at various restaurants in the Gaston County area. Participants are responsible for transportation and cost of meal. *Reservations Required.*
4th Friday of each month at 11:45AM.



Trips for Adults and Sr. Citizens
Day and overnight trips.
Prices will vary.

Game Room with Pool Tables
Monday-Thursday, 8AM-4PM
Friday, 8AM-11:15AM
No Charge.



Indoor Walking Area

Availability varies due to classes, or other scheduled programs.
No Charge.