

GASTONIA PARKS AND RECREATION



**Class Fee:
Only \$7.00
Per week!**

Cheer and Self-Defense

Champions in Motion

A non-profit 501(c)3 Organization



**Registration is open during
the first 3 weeks of class!**

**Cost: \$8.00 registration fee and
only \$7.00 per week!
Can be paid on a weekly basis!**



For more class information or more locations call 980-237-4738

Self-Defense &

Safety Awareness:

Receive Safety Awareness Education! Advance in Rank & Belt! Earn your Black Belt! Bully Prevention Tactics taught!

Cheerleading:

Learn cheers, chants, & dance routines!
Advance from Beginner to Elite!
Recreational to Competitive Cheerleading!
March in Parades!

Cheerleading Classes

WHEN: Monday Nights

WHERE: Bradley Center

1200 North Modena Street Gastonia NC

Registration Day on February 1st

Registration is between 6:00pm-8:00pm

Class times starting on February 8th

Ages 4-6 Class: 5:45-6:30pm
Ages 7-9 Class: 6:30-7:15pm
Ages 10-12 Class: 7:15-8:00pm
Ages 13 & up Class: 8:00-8:45pm

Self-Defense Classes

WHEN: Wednesday Nights

WHERE: Bradley Center

1200 North Modena Street Gastonia NC

Registration Day on February 3rd

Registration is between 6:00pm-8:00pm.

Class times starting on February 10th

New Students Class: 6:00-6:45pm
Yellow/Green Belts: 6:45-7:30pm
Blue & Above Belts: 7:30-8:15pm

Clothing: Students should wear comfortable shorts, a T-shirt, and Tennis Shoes to class.



For Ages 4-18!

Register at Class or Online!



Save time and pre-register online! Go to our website, create a user login, and click register for a class!

www.championsinmotion.org

*cash, money orders or credit cards only – **no checks** accepted. *