

# GASTONIA PARKS & RECREATION DEPARTMENT

## CO-ED VOLLEYBALL LEAGUE RULES



### ATHLETIC DIRECTOR & COACHES RESPONSIBILITIES

- The Athletic Supervisor will be responsible for the following:
  - Assigning game officials
  - Supervising activities of the league in accordance with the rules and policies of the Recreation Department.
  - Settling any major disputes or protests.
  - League organization and scheduling
- The coach of each team is responsible for the conduct of his/her players and parents before, during and after each game. The coach will be responsible for handling all details pertaining to his/her team and will see that the affairs of the league will be carried out in accordance with the approved rules and regulations.

### ROSTERS, FORFEITS AND ELIGIBILITY

- Rosters must be filled out completely and turned into the Athletic Supervisor before the team's first game.
  - Players that are added after the original roster is turned in must pay a \$5.00 fee and have a player addition form filled-out completely and turned in by 5:00pm the day the player is to become eligible.
  - Rosters are limited to a maximum of 12 players.
- All players must participated in (2) regular season games to be eligible for tournament play.
- High school or college players are eligible, but are restricted to no more than 2 players per team.
- Players may play for only one team in this league.
- Players must be 15 years of age to participate in this league and have parental consent.
- Any team that forfeits three matches during the season will be suspended from further play for the remainder of the season and tournament without a refund.

### MATCH ORGANIZATION

- 10 minute grace period to start the first match of the night.
- Coin toss at the beginning and third game to determine side or service.
- Service on referee's whistle.
- Substitutions may be rotated into any designated position (server's position or left front are the most common entry positions).
- Whistle indicates a dead ball.
- Only the team captain may approach the official with a question. The officials are in charge of the match. Please respect their decision and sense of fair play. Their decisions are final.

## GENERAL PLAYING RULES

- Games shall be the best of three.
  - The first 2 games will be 25 point games. A team must win by 2 points, or the first team to 27 points (cap is 27).
  - If a third game must be played it will be to 15 points and a team must win by 2 points (no cap).
- Teams consist of 6 players, 2 of which must be women.
  - However, a team can begin with as few as 4 players. If a team starts with 4 players 1 of the players must be a woman.
    - Teams may add players but cannot have more than 3 men on the floor at any time without having 2 women on the floor. (you cannot play with 4 men and 1 woman)
  - Late players may be inserted at a designated position when it is their change of service.
- A team has three hits to return a ball to their opponents.
- Simultaneous contact of the ball by two players on the same team will count as one hit.
- Multiple contacts of the ball may be made by any player taking part in a block and shall count as one hit.
- Boundary lines are considered inside the playing court.
- Net plane – may break plane, but not to interfere with opponents play.
- A player cannot step completely over the center line.
- A player cannot make contact with the net.
- Back row players may spike providing he or she is completely behind the 10 ft. line.
- After the serve players may change positions but back row players may not play the ball above the level of the net in front of the 10 ft. line. (Back row players may not spike, tip, or block in front of the 10ft. line.)
- A player may not block or spike a served ball.
- End goals– officials' judgement call.
- Ceiling and rafters – may play off the ceiling and rafters. EXCEPTION: When returning ball to opponents and ball hits ceiling or rafters on return. If this occurs it will be considered a dead ball.
- Net serve shall be allowed, and play shall continue provided net contact is entirely within the net antennas.
- The ball may be hit with any part of the body.
- The server may not step on the line or court before contacting the ball. Service may be from anywhere behind the back line. Note: end basketball goals will not be rolled up. Contact by the ball with the end basketball goals during the serve will result in a dead ball.
- Each team shall be allowed two time-outs per game.

## REPLAY SITUATIONS

- Another ball rolls onto the court or any outside interference.
- Double violations occur.
- Simultaneous contact by opposing players, i.e., a ball suspended between opposing blockers.
- The official deems it necessary in the sense of fair play.

## PROTEST

- The official must be notified that the game is being played under protest.
  - A written protest must be turned into the Athletic Supervisor by 5:00pm the next working day with a \$35.00 protest fee. Protest fees will be refunded if protest is upheld.
- Any protest that deals with ineligible players must be made the day following the game in question for regular season play and **before the last play of the game in question during tournament play**. In any case where a player is ruled ineligible, all games in which the player participated will be ruled a forfeit. **Make sure to have all official rosters and additions in before deadlines.**

## Player, Coach/Manager, Spectator and Parents Code of Conduct

1. All coaches/managers should inform all parents, spectators and players of the Code of Conduct.
2. Any infraction of the Code of Conduct will result in immediate ejection from the playing facility. Any player, manager, spectator or parent ejected from the playing facility has 2 minutes to be out of sight and sound or the game will be considered a forfeit.
3. **Suspensions**
  - a. The degree of flagrancy is in the umpire's judgment. The umpire will make a written report to the Athletic Director. Suspensions will take place accordingly. Violations can range from a 2 game suspension to suspension for the remainder of the season. If there is a second offense, the player, manager, spectator or parent will be suspended from all recreation property or school property used by the recreation department for one year.
    - i. A player, manager, spectator or parent suspended may appeal this suspension to the Director of Parks & Recreation.
4. **Code of Conduct**
  - a. **No player, manager, spectator or parent shall:** At any time lay a hand upon, push, shove or threaten an official.
  - b. **No player, manager, spectator or parent shall:** Refused to abide by an official's decision
  - c. **No player, manager, spectator or parent shall:** Be guilty of objectionable demonstrations of dissent at an official's decision by throwing balls or equipment.
  - d. **No player, manager, spectator or parent shall:** Be guilty of heaping personal verbal abuse upon any official for any real or imaginary wrong decision or judgment.
  - e. **No player, manager, spectator or parent shall:** Be guilty of physical attack as an aggressor upon any players, officials or spectators.
  - f. **No player, spectator or parent shall:** Discuss with an official in any manner the decision reached by such official except the team captain or manager.
  - g. **No player shall:** Shall be guilty of using unnecessary rough tactics in the play of the game against the body and person of an opposing team.