

Gastonia Parks & Recreation Department
Youth Volleyball Playing Rules

PLAYING RULES

- A. NCHSAA volleyball rulebook, not in conflict with the rules on the pages, shall govern play.
- B. **Age groups:**
1. 9-11 cannot turn 12 before and must be 9 by September 10 of previous year.
 2. 12-15 cannot turn 16 before September 10 of previous year.
- C. **Matches:**
1. **9-11** – 21 points win by 2 points, Rally scoring, Best 3 of 5.
 - a. A stepped up line will be used to serve for this age group.
 - b. There will be a 4 serve limit per server in the 9-11 division. Once a player has successfully served 4 times in a row they will be rotated out and a new server will serve.
 - c. There will be a 55 minute time limit. (A new game will not be started with less than 5 minutes on the clock.) The 5th game will be played to 15.
 - d. A second serve will be allowed for players in the 9-11 division that are unable to serve a playable ball on the first serve. If the second serve is still unplayable then the serve will go to the opposing team.
 - e. One 30 second timeout per game can be used. Players must return to their same positions coming out of a time out.
 - f. Matches can end in tied games if time has expired.
 2. **12-15** - 21 points win by 2 points, Rally scoring, Best 3 out of 5.
 - a. There will be a 55 minute time limit. (A new game can be played as long as it begins before the time limit has expired and will be a full game unless it is the 5th game). The 5th game will be played to 15.
 - b. One 30 second timeout per game can be used. Players must return to their same positions coming out of a time out.
 - c. Matches can end in tied games if time has expired.
- D. **Substitutions rules:** Put a substitute in at each rotation. The substitute will enter at the serve position and the player being replaced will be the player rotated up to the position before the serve position. Substitutions take place just before a team takes possession of the serve.
- E. **Out of bounds rule:** The lines on each side and each end of the court will be the boundaries. If the ball hits outside the boundaries, it is out of bounds. If the ball hits on the boundaries, it is considered in. The ball is considered in if it hits the rafters or lights and does not cross the net. If a ball hits the rim or backboard of the basketball goal, it will be the referee's judgement call. One coach, player, or parent from each team will call out of bounds.
- F. **Playing time:** Each player **MUST** play a minimum of **50%** of the total playing time.
- G. **Equipment:** Footwear will either be tennis shoes or non-marking shoes. Knee pads are strongly recommended. Nothing can be worn that may be deemed harmful to any other player.

Remember everyone is here to learn, enjoy, and compete in a sportsmanlike manner.