



Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop National Men's Health Awareness as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities including Wear Blue for Men's Health; and

WHEREAS, Gastonia Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes and prostate, testicular and colon cancer; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Walker E. Reid III, Mayor of the City of Gastonia, and the Gastonia City Council, do hereby proclaim **June** as

Men's Health Month

in this City, and encourage all our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS THEREOF, I hereunto set my hand this 5th day of June in the year of our Lord two thousand eighteen.

Walker E. Reid III, Mayor

ATTEST:

Sherry H. Dunaway, City Clerk