



Proclamation

WHEREAS: Half of the population will experience some type of mental health challenge over the course of a lifetime; and

WHEREAS: Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving help; and

WHEREAS: There is a proven connection between good mental health and overall personal health; and

WHEREAS: Creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to recovery and to ending the stigma around mental health; and

WHEREAS: Access to support and to ending the stigma around mental health is of paramount importance; and

WHEREAS: The GASTONIA CITY COUNCIL wishes to enhance public awareness of mental health.

NOW THEREFORE, I, Walker E. Reid III, Mayor of the City of Gastonia and the City Council of the City of Gastonia, recognize May 2022 as

MENTAL HEALTH AWARENESS MONTH

IN WITNESS THEREOF, I have hereunto set my hand and caused the seal of the City of Gastonia to be affixed, this the 17th day of May in the year of our Lord two thousand and twenty-two.

Walker E. Reid III, Mayor

ATTEST:

Suzanne J. Gibbs, City Clerk